Name: _____

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Confidentiality With Teenage Clients

Legally, parents hold the rights to confidential communication between minor clients (under the age of 18) and their therapist. However, we have found that psychotherapy works best when teenagers feel that information they share with their therapist will be kept private and not told to their parents.

In cases where the teenager is in immediate, life-threatening danger, the parents, of course, will be informed. Otherwise, parents will not be told the content of their teen's conversations with the therapist.

When the therapist feels it is important to have certain information shared with the parents, the client will be encouraged to do so and family sessions may be held to facilitate this process.

The therapist will periodically meet with the parents to give them a general update on progress, to assist them with parenting issues, or to share information the teenager has authorized.

By signing below, we indicate that we have read, understand and agree to accept the above policy.

_____	_____	_____
Adolescent Name	Signature	Date
_____	_____	_____
Caregiver Name	Signature	Date
_____	_____	_____
Therapist Name	Signature	Date